

Pacific Graduate School of Psychology–Palo Alto University
Diversity & Community Mental Health Program

An innovative training program for professional psychology

Jorge Wong, PhD, CCEP, CHC

Asian Americans for Community Involvement

PGSP-Palo Alto University

CAPIC Symposium: Serving the Underserved

March 18, 2011

San Jose, CA

Mental Health Services Act, 2004

- >\$1M income → tax 1% (Transformation)
- ***Wellness & Recovery*** Philosophy
- ***Consumer & Family*** driven– ***‘lived experience’***
- Community Support Services
- ***Workforce Education & Training***
- Prevention Early Intervention
- Innovation
- Technology

The goals for DCMH

- To recruit and train culturally diverse students inspired to work with underserved communities
- To train students in the skill sets needed to meet the public MH system transformation
- To aspire leadership from psychology in the transformation of the public mental health system
 - Mentor future leaders in the field.

3 Major Innovations of DCMH

- A collaborative academic, community & state model
 - Tuition stipend up to \$20,772
 - PGSP-PAU, Asian Americans for Community Involvement, and the counties of Santa Clara, Marin, and El Dorado MHDs
- A three-pillared competency-based training model
 - Rodolfa **et al.'s (2005) competency**-based Cube Model and **Bronfenbrenner's (1979) Ecological Model**
 - Unique functional (roles), foundational (specialized skills), and area competencies
- Evaluation of outcomes via case-method learning beyond the classroom.
 - An applied teaching process whereby students acquire skills and apply knowledge in the context of real-world community mental health problems.
 - When possible, this case learning is implemented utilizing resources outside of the classroom.

Recruitment process

- Developed application process & selection criteria
 - Essays, academics, professional goals
- In-person interview for finalists
- Award scholarships
- Enrollment in DCMH Specialty Track
- Practicum, research & dissertation

Skills training

- Importation of evidence-based practice
 - Research & development of an EBP manual
 - A proposal for EBP dissemination in a community setting.
- Evaluation and supervision
 - Evaluate gaps in quality of care in an actual Bay Area county system (*internet research, informant interviews, community shadowing, and mock chart review*)
- Program development & administration
 - RFP process, organizational development & strategic planning
- Mental health care disparities
 - Research for innovation in training

Leadership development

- Leadership & advocacy
 - Professional identity & responsibility
 - American Psychological Association
 - California Psychological Association
 - Leadership & Advocacy Conference/Day
 - Local County Associations
- Mentoring & shadowing
- Professional development
 - Academic, professional, individual

Diversity and Community Mental Health (2009-2010)

13	East or Southeast Asian
	<i>(2 Vietnamese, 7 Chinese, 2 Filipino, 1 Korean, 1 mixed)</i>
10	Caucasian
1	Russian
4	Latino/a
	<i>(2 mixed Mexican/ Caucasian, 2 Colombian)</i>
3	South Asian Indian
2	African American
2	Arab American
5	LGBTQ

Linguistic diversity

9	Spanish
6	Mandarin
3	Vietnamese
2	Hindi
1	Arabic
1	Cantonese
1	French
1	Japanese
1	Kannada
1	Russian
1	Tagalog
1	Tamil
1	Telugu
1	Urdu

Career paths

35 Public Mental Health

24 Ethnic Minority Mental Health

8 Serious Mental Illness

3 Substance Abuse, Dual Diagnosis

5 LGBTQ Mental Health

2 Forensics

DCMH-Faculty

- Joyce Chu, PhD – Director DCMH
- Luli Emmons, PhD – Administrator
- Bill Froming, PhD – Academic Affairs
- Peter Goldblum, PhD – Professor
- Robert Reiser, PhD – Professor
- Lou Moffet, PhD – Professor
- Alinne Barrera, PhD – Professor
- Larry Beutler, PhD -- Professor
- Jorge Wong, PhD – Community partner
- Carol Kerr, PhD – Community partner



Q&A

- Questions...
- *Thoughts...*
- Comments...
- *Anything...*