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CAPIC/MHSA Symposium on

**PSYCHOLOGY TRAINING &  
IMPLEMENTATION OF EBPS:  
LESSONS LEARNED**

# LAC-DMH Programs

- ◎ Evidence Based Programs (EBP)
- ◎ Promising Practices (PP)
- ◎ Community Defined Evidence Based Practices (CDE)

# Intensive In-Home Services

- ◎ Incredible Years (IY)
- ◎ Functional Family Therapy (FFT)
- ◎ Multisystemic Therapy (MST)
- ◎ Multidimensional Treatment Foster Care (MTFC)
- ◎ Trauma Focused CBT

# MHSA: Prevention and Early Intervention Implementation

- ◎ Cognitive Behavioral Intervention for Trauma in Schools(CBITS)
- ◎ Crisis Oriented Recovery Services (CORS)
- ◎ Child Parent Psychotherapy (CPP)
- ◎ Managing and Adapting Practice (MAP)
- ◎ Seeking Safety (SS)
- ◎ Trauma Focused Cognitive Behavior Therapy (TFCBT)
- Triple P – Positive Parenting Program

# PEI Implementation Issues

- ◎ Scope and Size of Implementation
- ◎ Staff Resistance
- ◎ Limited Training Resources
- ◎ Staff Turnover
- ◎ Administrative/Bureaucratic Issues

# Systemic Challenges for Public Mental Health

- ◎ Navigate Multiple Systems
- ◎ Barriers to Accessing Treatment
- ◎ Credentialing of Permanent Staff
- ◎ Technical Support
- ◎ Administrative issues
  - Billing
  - Staff Selection

# Clinical Program Description

- ◎ Child Welfare Population
- ◎ Interdisciplinary Team
- ◎ Multi-racial and multi-ethnic staff
- ◎ 80 staff
- ◎ Average of 100 referrals a month per office
- ◎ Provide triage, linkage, crisis intervention, assessment, psychological testing, case management, psychiatric services, brief short term treatments
- ◎ Strong emphasis on training and supervision

# Implementation/Training Strategies

## ◎ System Level

- Monthly administrative call
- Monthly supervisors meeting

## ◎ Local Level

- Weekly group supervision
- Twice monthly consultation calls
- Monthly administration meeting

# Training Opportunities

- ◎ EBPs
- ◎ Cultural Diversity
- ◎ Diversity of Clinical Setting
- ◎ Experience and exposure to public mental health
- ◎ Experience and exposure to various public systems

# Training Challenges

- ◎ Supervision
- ◎ Workload Demands
- ◎ Adequate Exposure & Experience
- ◎ Expense
- ◎ Funding Sources

# Training Issues

## ◎ CLINICAL

- Supervision
- Balance of Breadth and Depth
- Selection of appropriate cases

## ◎ ORGANIZATIONAL

- Intervention selection
- Funding priorities
- Credentialing of Permanent Staff
- Technical & Administrative Support
- Administrative Structure

# Strategies

- ◎ Academic – Community Partnerships
  - Build in supervisors
  - Provide on site education
- ◎ Multi year – multi site placements
- ◎ Broad EBP orientation
  - Assessment
  - Intervention
- ◎ Blended Learning