

US Population Health Quality, Needs, and Psychology's Obligations

Linda Garcia-Shelton, PhD, MHSA, ABPP
California Psychology Internship Council
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Health Care Costs in US 2007

- * **\$2.2 Trillion annually**
- * **16.2 % of GDP**
- * **\$ 7,421 per person**
- * **Only 7% spent on mental health**
- * **Growth over the last decade exceeded inflation**

We Pay More
What do we get?

World Health Organization (WHO) Mortality Statistics for 6 Countries

	Country 1	Country 2	Country 3	Country 4	Country 5	Country 6
Life Expectancy	81	75	82	78	83	81
Neonatal Mortality	3	10	3	4	1	2
Infant Mortality	5	14	3	6	3	2
Under 5 Mortality	6	16	4	8	4	3
Adult Mortality	72	126	62	108	66	63
Maternal Mortality	5	70	5	14	10	8
Lifetime risk of Maternal Mortality	8,700	410	13,900	2,500	6000	29,800

World Health Organization (WHO) Mortality Statistics for 6 Countries

	Canada	Argentina	Italy	USA	Japan	Sweden
Life Expectancy	81	75	82	78	83	81
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What do effective health care systems look like?

- * They have well functioning primary care practices with multidisciplinary staff that provide comprehensive bio-psycho-social care.**
- * They have universal access to health care for their population.**

Who in our Nation has the Poorest Health?

- * **Members of Minority Groups**
- * **Inner-city Residents**
- * **Rural & Frontier Residents**
- * **People without Health Care Insurance**

Where do Folks get mental health treatment?

- * The majority of people with mental health problems receive MH treatment in Primary Care settings, way more than in traditional mental health settings.
- * People with psychological disorders use 50% more physical healthcare service than others.

Perhaps some of us need to move!!

- * About 85% of all visits to a primary care physician include some behavioral or mental health component
- * Patients follow through on a referral from a physician to a mental health practitioner 15% of the time
- * Patients follow through on a referral to an onsite behavioral health practitioner 90% of the time
- * 25% of all Medicare costs are for end of life care

Advocacy
= Action =
Change