

CAPIC Post-Doctoral Directory Agency Profile

Name: Tarzana Treatment Centers
Street Address: 18646 Oxnard Street
City, State Zip: Tarzana, CA 91356

County: LA **Date:** 1/21/10
Contact Person: Brigitte Matthies PhD
Contact's Title: Mental health Training Program Supervisor
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Dir. Of Training: Brigitte Matthies PhD
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Agency Description: Tarzana Treatment Centers (TTC) is a JCAHO-accredited, private, nonprofit organization, which offers behavioral health and some primary care medical services to the residents of Los Angeles County. It is the largest provider of substance abuse treatment services in Southern California, with over 600 employees at locations ranging from Lancaster to Long Beach. The internship is at the corporate headquarters in Tarzana, which is the largest site. Our 60 bed inpatient program is licensed as an acute psychiatric hospital, and is used for detoxification and psychiatric stabilization. All interns work on this unit conducting assessments and providing short-term counseling and crisis intervention services. There are 156 residential rehabilitation beds, divided into a short-term and long-term program. There are separate adult and youth outpatient services, with tracks focusing on youth or youth and adults. While the focus of most of these activities is on individuals with substance use disorders, the majority have co-occurring psychological disorders that include affective, psychotic, PTSD, anxiety, and personality disorders. TTC also runs a low-fee mental health community clinic, which is staffed by interns. Training is provided to practicum students (SCATP selected) and Pre-doctoral Interns (APPIC selected). Three postdoctoral fellows are also on-site.

Agency Mission /Objective: To address a wide-range of the community's health care and social service needs with responsive alcohol and drug treatment, mental health treatment and education, HIV/AIDS prevention, treatment, and education, primary outpatient and medical care, and other health care services which meet emerging community needs.

Type of Training:

Long-term Inpatient Individual Family Crisis Neuropsych
 Brief Outpatient Group Couples Assessment Consultation
 Infant-Family Therapy

Theoretical Orientation: Multiple orientations practiced - Systems theory, cognitive behavioral, psychodynamic

Population: TTC serves a diverse client population in term of age (youth to older adults), gender, sexual orientation, ethnicity, and socioeconomic status. Approximately 25 % of the client population is youth, and 15 % are older adults. Ethnic groups served include African-American (25%), Latina/Latino (13%), European-American (60%), Asian-American (1%), and Native American (1%). Females are 40% of our client population and GLBT clients are 20% of our population. Approximately 80 % are funded by the public sector and 20% are funded by the private sector.

Staff: Please list number of staff by degree/professional licenses

Staff: #, Degree, Prof. Lic.:
 Brigitte Matthies PhD PSY 15598
 Ken Bachrach PhD PSY 8726
 Tim Petersen PsyD PSY 19159
 James Healy PsyD PSY 21160
 Tom Eisenberg PhD PSY 20136

Duration: 1 year

Hours/Week: 40

Post-Doctoral Trainees will be:

Registered Psychologist Psych. Assistant Exempt Setting

Paid: \$30,000

Hours of Individual Supervision:

1

Hours of Group Supervision:2

Training and Education: Didacting trainings, Professional Development Seminar, On-line trainings

X- Cultural Training: The patient population presents a wide-range of clinical concerns including not only chemical dependency and HIV/AIDS, but also a wide range of mental health issues including affective, anxiety, psychotic and characterological disorders, as well as other clinical concerns. TTC serves a diverse client population in term of age (youth to older adults), gender, sexual orientation, ethnicity, and socioeconomic status. The goals and objectives of the program include the preparation of professional psychology practitioners able to:

1. Ethically deliver effective diagnostic and therapeutic services to diverse populations.
 - a. Interns will demonstrate diagnostic skills using various techniques such as structured diagnostic clinical interviews and psychological assessment, including both objective and projective assessment instruments.
 - b. Interns will demonstrate therapeutic skills across diverse modalities (including individual, couples, group and family psychotherapy; crisis intervention; and assessment for high risk behaviors) and theoretical perspectives (e.g., cognitive-behavioral, psychodynamic, structural-strategic family systems).
 - c. Interns will demonstrate diagnostic and therapeutic skills with clients diverse in terms of clinical and addiction concerns, age (youth to older adults), gender, sexual orientation, ethnicity, and socioeconomic status.
 - d. Interns will demonstrate ethical behavior and understanding in conducting diagnostic and therapeutic services and in their interactions with clients, members of the community, and other professionals.

PostDoc Responsibilities: All of the above, Consultation with, and training of, Interns and trainees, Administrative responsibilities

Prerequisites: Completed all requirements for the degree

Application Procedures: Send in a request along with a vita

Number of Applicants last year: 15

Application Deadline: Varies throughout the year

Are you participating in the Northern California College Counseling Centers Uniform Notificaton Day?

Yes No

Additional Comments: