

**Santa Rosa Community Health Centers**

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Sonoma, CA 95403

County: Sonoma  
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**Dir. Of Training:** Dr. Daniel Creegan

**2011-2012 Training Year**

# of Placements: 3 FT

Duration: 5/1-4/30

Hours/Week: 32

Post-Doctoral Trainees will be:

- Registered Psychologist       Psych. Assistant       Exempt Setting

Type of Training:

- |                                                |                                                  |                                            |                                                |                                                     |                                                |
|------------------------------------------------|--------------------------------------------------|--------------------------------------------|------------------------------------------------|-----------------------------------------------------|------------------------------------------------|
| <input checked="" type="checkbox"/> Assessment | <input checked="" type="checkbox"/> Child        | <input checked="" type="checkbox"/> Crisis | <input checked="" type="checkbox"/> Individual | <input type="checkbox"/> Milieu                     | <input type="checkbox"/> Outreach              |
| <input checked="" type="checkbox"/> Brief      | <input checked="" type="checkbox"/> Consultation | <input checked="" type="checkbox"/> Family | <input type="checkbox"/> Inpatient             | <input checked="" type="checkbox"/> Neuropsychology | <input type="checkbox"/> Psychological Testing |
| <input checked="" type="checkbox"/> Case Mgmt  | <input type="checkbox"/> Couples                 | <input checked="" type="checkbox"/> Group  | <input type="checkbox"/> Long Term             | <input checked="" type="checkbox"/> Outpatient      | <input type="checkbox"/> Other                 |

Paid: \$52,000/year

Hours of Individual Supervision: 2

Hours of Group Supervision: 2

**Agency Description:** Santa Rosa Community Health Centers is the largest FQHC in Sonoma County, California (pop 500,000). Our staff of over 100 family practice MDs and Nurse Practitioners (NP) provide health care for 40,000 individuals annually at seven locations in Santa Rosa. There are 4 staff psychiatrists, 2 Licensed Clinical Social Workers, one MFT and 5 licensed Psychologists seeing our patients. We have strong, high volume programs in Women's and Prenatal Care, Pediatrics, Mental Health, HIV, Diabetes, Obesity and Asthma. As the largest Federally Qualified Health Center (FQHC) in Sonoma County and only FQHC in Santa Rosa (Pop. 175,000) we are encountering significant barriers to access and increasing demand for our services. We co-locate a family practice residency program and a post doctorate training program.

**Agency Mission /Objective:** Our mission is to provide comprehensive medical home health care to the under insured and uninsured regardless of ability to pay and to support training in Family Practice. The majority of our patients are Latino and underinsured. Sonoma County faces the dual challenges of a growing underserved and uninsured patient population and an aging and declining primary care workforce.

**Theoretical Orientation:**

**Population:** We serve those in our community who are un-insured and under-insured, most of whom are low income- 95% of our patients earn 200% of poverty or less. Depending on clinical site, the % of Latino patients runs from 35 to 78%. Many patients speak Spanish as their primary language. Many are recent immigrants from Mexico and other Central American countries.

**Staff: Please list number of staff by degree/professional licenses**

**Training and Education:** The objectives are to provide a training program that prepares a behavioral health provider to be competent in a wide range of clinical skills in various settings and multiple populations. The Fellows work in a Integrated Behavioral Health model as part of primary care in a Patient Centered Medical Home. The Fellows develop competency in various clinical approaches to working with children, teens, adults and family therapy. The population focus includes caring for the disadvantaged, disabled and those in crisis due to various psycho-social stressors. Some areas of additional focus include teenagers who manifest cutting, dealing with trauma from sexual abuse and deep anxiety and depressive symptoms. The program goal is to develop behavioral health clinical providers who are able to serve those patients with the least access to care. Of the 30,000 patients currently served, our goal would be to have behavioral health staff available to serve the one third who may need services at any given time.

**X- Cultural Training:** As part of the didactic training, the Fellows receive training on working with multicultural patients- with ethnicity or race, sexual orientation that are other than dominant culture. The Health Centers serve a high portion of Latino, and a growing number of Asian patients. The Vista CHC has a program that serves transgendered patients. The following didactic workshops: Older Adult and Poverty; Drug Abuse treatment; and working with pregnant patients addressed multicultural issues. The one on one and group supervision includes multicultural approaches as well.

**PostDoc Responsibilities:** The Post Doc Fellows see patients in a one on one and group setting, in an integrated behavioral health model. The Fellows complete progress notes daily for all clinical interventions and sessions; perform duties with highest ethics and levels of competency; are willing to receive feedback from supervisors on how to improve and cooperate with colleagues and staff; all patients are seen in team setting with medical providers. The Post Doc Fellows work together for strategic interventions that can help patients with mental psychosocial and physical levels. They demonstrate ability to integrate their strategies with other providers seamlessly.

**Prerequisites:** Bilingual candidates preferred. History of working with under-served population required. Must demonstrate very good to excellent writing skills. References document candidates integrity and demonstrated history of keeping agreements.

**Application Procedures:** Application process includes reviewing letters of recommendation, letter of intent. A co-supervisor team interviews each individual candidate- interview includes a mock role play of a sample client. Review theoretical orientations, statement of strengths and weaknesses and professional development/trajectory. Results of interview reported to Department Chair with recommendation to accept or decline candidate based on scoring of interview tool.

**Application Deadline:**

**Number of Applicants last year:** 3

**Additional Comments:**