

CAPIC Post-Doctoral Directory Agency Profile

Name: San Diego Center for the Blind
Street Address: 5922 El Cajon Boulevard
City, State Zip: San Diego, CA, 92115

County: San Diego **Date:** January 05, 2010
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Agency Description:
 Since 1972, the San Diego Center for the Blind has been dedicated to promoting independence and self-reliance for blind and vision impaired adults throughout San Diego County at no cost to clients. Our program provides the steps to freedom by teaching individuals the skills needed for independent living at home, school, work, and the community in general. The Center also provides individual, group and family counseling because we understand that the loss of sight is often accompanied by depression, diminished self-esteem, and fears of becoming overly dependent on family or friends. Clinical psychologists, marriage and family therapists, and rehabilitation counselors provide confidential counseling for individuals, families, and groups.

Agency Mission /Objective:
 To increase the abilities of any adult with blindness or vision impairment to reach their own highest level of independence.

Type of Training:

<input checked="" type="checkbox"/> Long-term	<input type="checkbox"/> Inpatient	<input checked="" type="checkbox"/> Individual	<input checked="" type="checkbox"/> Family	<input checked="" type="checkbox"/> Crisis	<input type="checkbox"/> Neuropsych
<input checked="" type="checkbox"/> Brief	<input checked="" type="checkbox"/> Outpatient	<input checked="" type="checkbox"/> Group	<input checked="" type="checkbox"/> Couples	<input checked="" type="checkbox"/> Assessment	<input checked="" type="checkbox"/> Consultation
		<input type="checkbox"/> Infant-Family Therapy			

Theoretical Orientation:
 Behavioral, Cognitive Behavioral, Humanistic/Existential, Integrative, Psychodynamic/Psychoanalytic, Narrative, Psychosocial Rehabilitation, Systems, Transpersonal, and Jungian.

Population: ☑
 The population is ethnically diverse adults. Major diagnoses are: Adjustment Disorder, Major Depressive Disorder, and Anxiety Disorder related to vision loss. Children: (ages 0-12) 0%, Adolescents:(ages 13-17) 0%, Adults (ages 18-64) 50%, Elders/Seniors (ages >65) 50%, Families 20%, Gender: Male 40%, Female 60%, Transgender 0%, Level of Functioning: High (mood, adjustment) 75%, Moderate (character, personality) 15%, Low (psychosis, severe personality disorder) 10%, Ethnicity / Culture: African-American 12%, Asian / Asian-American 5%, Euro-American 60%, Latino / Latina 22%, Native American 1%, Biracial / Multiracial 0%, Other Groups: Clients with Disabilities 100%, LGBT 5%, Non-English Speaking 3%.

(2010-2011 Training Year)
of Placements: 1 **Duration:** C One Year **Hours/Week:** 30
Post-Doctoral Trainees will be: Registered Psychologist Psych. Assistant Exempt Setting
Paid: \$20,000/Year **Hours of Individual Supervision:** 2 Hrs./Wk **Hours of Group Supervision:** 2 Hrs./Wk

Training and Education:
 Completion of doctoral degree requirements from a regionally accredited institution of higher education or an APA/CPA-accredited program before beginning their postdoctoral training. Applicants would also have completed a predoctoral internship meeting APPIC or CAPIC standards. Clinical Experience: Prior experience providing individual and group counseling from an APPIC or CAPIC approved clinical setting.

X- Cultural Training:
 Ongoing in-service training in multicultural issues due to the diverse nature of the blind population. Licensed psychologists are required to take continuous education yearly in multi-cultural issues.

PostDoc Responsibilities:
 In addition to being exposed to the various facts of adjusting to vision loss and experiencing family factors related to vision loss (e.g. conflict resolution, changing family roles, gaining independence in family systems, and assertiveness and self-advocacy within the family environment and the public sector), and utilization of assessment tools to measure adjustment to vision loss, postdoctoral interns will become competent in dealing with psychological adjustment variables (e.g., depression, guilt, anxiety, self-esteem, etc...) and will also become proficient in researching the various community resources available to the visually impaired and informing clients of such resources. Additionally, postdoctoral interns will be exposed to various mental health issues and cultural phenomena more common among those dealing with vision loss.

Prerequisites:
 It is preferred/recommended that prospective applicants have prior training/knowledge in the following areas: Cognitive Behavioral Therapy, Gerontology, Multicultural competence, and Advanced Ethics.

Application Deadline: CAPIC application deadlines apply.
Are you participating in the Northern California College Counseling Centers Uniform Notificaton Day?
 Yes No

Additional Comments: