

**La Familia Counseling Service
Outpatient Program**

26081 Mocine Ave
Hayward, CA 94544

County: Alameda
Phone: (510) 881-5921 ext 123
Fax: (510) 881-5925
<http://www.lafamiliacounselingservice.com/>

Contact Person: Lorie Palmer, Ed.D.
Contact's Title: Training Director
Contact Email: lpalmer@lafamiliacounseling.org
Dir. Of Training: Lorie Palmer, Ed.D.
Chief Psychologist: Lorie Palmer, Ed.D.

2011-2012 Training Year

of Placements: 3 FT

Duration: July-July

Hours/Week: 40

Post-Doctoral Trainees will be:

Registered Psychologist

Psych. Assistant

Exempt Setting

Type of Training:

<input checked="" type="checkbox"/> Assessment	<input checked="" type="checkbox"/> Child	<input checked="" type="checkbox"/> Crisis	<input checked="" type="checkbox"/> Individual	<input checked="" type="checkbox"/> Milieu	<input type="checkbox"/> Outreach
<input checked="" type="checkbox"/> Brief	<input checked="" type="checkbox"/> Consultation	<input checked="" type="checkbox"/> Family	<input type="checkbox"/> Inpatient	<input checked="" type="checkbox"/> Neuropsychology	<input checked="" type="checkbox"/> Psychological Testing
<input checked="" type="checkbox"/> Case Mgmt	<input checked="" type="checkbox"/> Couples	<input checked="" type="checkbox"/> Group	<input checked="" type="checkbox"/> Long Term	<input checked="" type="checkbox"/> Outpatient	<input type="checkbox"/> Other

Paid: \$20,000/year

Hours of Individual Supervision: 3

Hours of Group Supervision: 2

Agency Description: La Familia Counseling Service is a non profit multi-service agency founded in 1975 to provide a wide variety of services to a predominantly Latino community. We have a variety of programs including Out-Patient Psychotherapy, Children's Day Treatment, Developmental Disabilities Case Management, Children at risk Case Management, and Youth Program and other Social Services. Interns will work either at our Out-Patient Clinic or at the children's Day Treatment.

The La Familia Children's Day Treatment Program is a joint venture between La Familia Counseling Service and Alameda County Special Education. It serves the School Districts of Castro Valley, Hayward, San Leandro, and San Lorenzo. La Familia Counseling Service provides the mental health services for this intensive day treatment program. We train interns to provide culturally sensitive psychodynamically oriented individual child/adolescent psychotherapy, structural family therapy, group therapy, milieu interventions, psychological assessments, and consultations. The Hayward Unified School District provides the special education. The purpose is to give the extra individual attention and support to help students become successful in a less restrictive setting.

Agency Mission /Objective: It is our objective to provide quality psychological services to low-and mid-income residents in the Hayward community and at the same time provide quality psychotherapy training to graduate students attending the local freestanding professional schools and universities.

Theoretical Orientation: cognitive behavioral, psychodynamic/psychoanalytic, family systems, parent-infant bonding theory, and group theory

Population: We serve adults, adolescents, children, families and couples. Pathology levels range from neurotic to psychotic. We serve all ethnic/cultural groups.

Staff: Please list number of staff by degree/professional licenses

Training and Education: 2 hours individual supervision, 1 hour staff meeting, 1.5 hours didactic seminar, 1.5 hour case conference, 1 hour follow up case conference. Didactic seminar is broken down into 4 units through out the year: Orientation, Basic Psychodynamic Concepts, Family Systems, Infant Mental Health/Child and Adolescence Psychotherapy. In addition Interns have access to seminars on Group theories, and classrooms interventions depending on their areas of focus. We expect that by the end of the training year, the post doc will have acquired more autonomy, regarding assessment and a deeper understanding of level of function of their patients, mastered the intake process, capable of informal group and individual supervision and have developed a grounded theoretical model which to apply clinical interventions. Postdoctoral students will have developed enough clinical skills to be competent enough to work independently in a non profit organization.

We use a micro-analysis format for examining transcripts of clinical interaction, videotape presentation of cases and on occasion, less formal presentations of cases as well.

X- Cultural Training: The clinical staff is almost entirely bilingual in Spanish and English. Our Executive Director is Chilean, our Medical Director is Argentinean, our co-Training coordinator is French, our co-Training coordinator is bilingual and bi cultural in Spanish, our senior therapist/administrator is Dutch and our staff is quite multi-cultural. In addition to formal presentations on multicultural issues virtually every case conference attends, by necessity, to the multicultural issues involved, whether it is a bi-cultural therapeutic dyad, a bilingual therapy, an emigration related problem, or some other related issue. The Case Presentations have been in Spanish (especially family videos) with bilingual Post doc Trainee's. Often case presentations are also translated into English. 75% of the population we serve is Latino and monolingual in Spanish only.

PostDoc Responsibilities:

Prerequisites:

Application Procedures: We begin accepting and collecting applications, prioritizing Spanish fluency in January-late March. We interview face to face with Director of Training, and sometimes with Medical Director and or delegated supervisor. We make our offers in April to finalize the process. Submit cover letter summarizing background and current interest in the program at La Familia; curriculum vitae; 2 letters of recommendation. Post Doctoral Students must be prepared to discuss interests in psychology, psychotherapy, psychoanalytic work, family work and to discuss 1-2 cases.

Application Deadline:

Number of Applicants last year: 10

Additional Comments: We look for Post Docs who love to learn and engage in learning with a good sense of humor.